

MONTANA SUPPLEMENT



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Hard reboot!

SSSSSSoooooooooooo, 2020! Yeah, that is a year we will never forget no matter how hard we try. I wonder if we can just pull the power plug, wait 15seconds, plug back in and see if that will reset what has just happened. I will not go into my thoughts about everything that went on because I only get two pages and frankly, you all probably don't really care. I mean be honest, you only read these articles because the author is so dang good looking, right? Its okay you can say it, we all already know the answer.

So anyhow, I am rerunning a bit of trivia I ran previous because honestly, time got away from me and I did not have time to do anything else, so please enjoy the following again.

With the new year it is time we all conform to the custom of making a new year's resolution. What is a new year's resolution? Mr. Webster defines it simply as a noun and it means "A promise to do something differently in the new year". My question is this, why do we only promise to do things differently once a year? Why not make the promise to do things differently every time we discover something is not working out how we think it should?

What kind of things do we promise to change"? let us look at the top 10 new year's resolutions: #1 Eat healthier. #2 Exercise more. #3 Lose weight. #4 Save more/Spend less. #5 Learn a new skill/hobby. #6 Quit smoking. #7 Read more. #8 New job. #9 Drink less alcohol. #10 Spend more time with family/friends.

Why do we make resolutions and when did it start?
I had to do some digging but found some info on how stuff works website which I will link to at the end of the clip but I thought it was interesting to read about where and how it started and why we do it.

"When did ringing in the New Year become such a big deal? Turns out, it is not just a construct of modern Americans. Some 4,000 years ago, Babylonians rang in their new year with an 11-day festival in March, and ancient Egyptians celebrated the advent of their new calendar during the Nile River's annual flood. By 46 B.C., Roman emperor Julius Caesar had moved the first day of the year to Jan. 1 in honor of the Roman god of beginnings, Janus, an idea that took some time to catch on. However, in 1582, Pope Gregory XIII brought the Jan. 1 New Year back in vogue with the Gregorian calendar -- a concept that persists today. The origin of making New Year's resolutions rests with the Babylonians, who reportedly made promises to the gods in hopes they would earn good favor in the coming year. "

This info came from:
<https://people.howstuffworks.com/culture-traditions/holidays-other/why-make-new-years-resolutions.htm>

Now I am not sure if the above excerpt is factual, but I did find it on the internet, and we all know that if it is on the internet is must be true right? At the very lease it is a good narrative, and it sounds good anyway.

I don't know if the hard reboot will work or not but if it doesn't, I pray you all will stay healthy and happy as we hold our breath waiting to see what 2021 will throw at us, no matter what it is, we will get through it together.

Respectfully submitted: Dan Koch Jr. REPGC