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In order to keep you better informed of the happenings in the jurisdiction, I will dedicate a portion of this column to upcoming events. Below are our events for August and beyond:

- Monthly Educational Discussions: 4th Tuesday of the month, Grand York Rite bodies educational series, at 7:00pm online (details provided prior to the event)

Gone Fishing!

Well Sir Knights, as the Summer season is fully under way, and we right these supplements in advance, your diligent editor is taking a month off! Well, not a full month off, but I do not have a typical article for you this time.

There is an important lesson, we all often forget, and that is to take some time to pause and reflect. Many of us these days seem to be running downhill with scissors, as the saying goes. As a result, I was getting burnt out and realized, I needed to take a pause and rest up a bit. While we do not know what any month will look like, as things are very dynamic, we can assume that the Fall will be busy, so do yourself a favor and slow down just a bit (notice I did not say stop?). Work life balance (and yes that still applies to masonry) is not about stopping, that is stagnation, but it is learning to keep the scales in balance. Remember those scales continue to move back and forth when in balance or harmony. The same applies to what I am talking about.

Go do something different, read a book that has been sitting on your nightstand collecting dust, or listen to some of the great masonic podcasts that are out there. The key is to take some time doing what is good for the soul. So, while this has turned into a longer piece than I had planned, I still think it is a good use of our space we have in the supplement. Until next month, be well!

Remember to check out the calendar for any upcoming events, see the link below.



York Rite Calendar -- <https://nhyorkrite.org/calendars/>

IHS,
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